



**LAMAR INSTITUTE
OF TECHNOLOGY**

RSPT 1310 Respiratory Care Procedures I

INSTRUCTOR CONTACT INFORMATION

Instructor: Stacey Armstrong
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Office Hours: Posted in Starfish and outside the office door

CREDIT

3 Semester Credit Hours (2 hours lecture, 4 hours lab)

MODE OF INSTRUCTION

Face to Face

PREREQUISITE/CO-REQUISITE:

Prerequisite: RSPT 1213, RSPT 1201

Co-requisite: RSPT 1240, RSPT 1325, RSPT 1160

COURSE DESCRIPTION

Essential knowledge of the equipment and techniques used in the treatment of cardiopulmonary disease.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to

Select, review, obtain, and interpret data in a selected respiratory care patient setting; select assemble, and check equipment for proper function, operation, and cleanliness; identify equipment malfunctions; maintain patient records; and demonstrate knowledge of therapeutic procedures.

1. Select, assemble, and check the function of equipment used in: gas analysis, oxygen therapy delivery systems, and aerosol delivery devices, mucus clearance devices, lung expansion devices. Perform and demonstrate competency in these categories.
2. Select/Revise the appropriate Respiratory Therapy procedures to produce a desired patient outcome.
3. Troubleshoot problems with the interaction of the patient with various Respiratory Care equipment and procedures.
4. Perform/analyze/ interpret vital signs, physical assessment, patient interview. Read and interpret x-ray and lab data.

Course Outline

I. Assessing heart sounds

Evaluate data to monitor trends in Vital signs /physical examination.

- A. Cardiac Sounds / rhythm
 - I. Procedure
 - II. Valves associated with sounds
 - III. Sound associated with Systole and Diastole
 - IV. Normal (S1,S2)
 - V. Abnormal (S3,S4, gallops) murmurs
 - VI. Evaluate data to monitor changes in Heart Sounds
- II. Clinical Data
 - A. Complete Blood Count
 - I. Normal values
 - II. Interpretation of abnormal Values with associated conditionas
 - B. Blood chemistry
 - C. Glucose
 - D. Microbiology
 - I. Lab tests
 - II. Diseases requiring specific Isolation
 - E. Recommendation of Lab test to collect data regarding
 - I. Electrolytes
 - II. CBC
 - III. Coagulation studies
 - IV. Sputum cultures and sensitivities
 - V. Cardiac Biomarkers
 - F. Recommend lab data to monitor trends in fluid balance
 - G. Evaluate data to monitor trends in fluid balance
- III. Thoracic Imaging
 - A. Approach to reading
 - B. Access patient position from image
 - C. Access for hyperlucency and hypolucency to determine proper penetration/ quality for a Chest radiograph
 - D. Recommend best radiological studies to assist physicians in determining diagnosis.
 - Techniques and Quality
 - i. A-P
 - ii. P-A
 - iii. Lateral
 - iv. CT
 - v. HRCT
 - vi. Ultrasound
 - vii. MRI
 - E. Evaluate results of full chest assessment to correspond to radiologic findings

- b. Anatomical structures
 - i. Normal
 - ii. Abnormal
- c. The Pleura
- d. Lung Parenchyma
- e. Mediastinum

- f. Utilize chest x-ray to determine heart size and position

- g. tube markings and positions (normal and abnormal)
 - i. Et tube
 - ii. Balloon tip flow directed
 - iii. Naso-gastric tube
 - iv. EKG electrodes
 - v. Chest tube
- b. Abnormalities
 - i. Access for lung hyperinflation and hypoinflation
 - ii. Access for foreign bodies
 - iii. Atelectasis/ Consolidation
 - iv. Pleural effusion- Recommend treatment
 - v. Pulmonary Edema
 - vi. Pulmonary Artery size
 - vii. Diaphragm
 - viii. Trachea
 - ix. Pneumothorax-recommend treatment
 - x. Pneumothorax- recommend treatment
- h. Humidity and Aerosol Administration
 - a. Indications
 - b. Delivery Devices
 - i. Setup
 - a. Large volume Nebulizer
 - b. Drug delivery – via Small volume Nebulizer, MDI and DPI with prescribed drugs
 - c. Passover Humidification (wick and HME)
 - ii. Administration
 - c. Problem Solving and Troubleshooting
 - d. Selecting Appropriate Therapy
 - e. Recommend devices and assess the need
- i. Medical Gases
 - a. Storage, Delivery, Identification
 - b. Central Piping systems
 - c. Safety Index system
 - d. Regulators
 - e. Duration of Flow (liquid and gas systems)
 - f. Oxygen concentrators
 - g. Flowmeter devices
 - h. Cylinders
 - i. Blenders

- j. Air compressors
- j. Medical Gas Therapy
 - a. Goals and Objectives
 - b. Clinical Practice Guidelines
 - c. Assessing the Need
 - d. Precautions and Hazards
 - e. Delivery Systems
 - i. Nasal Cannula
 - ii. Simple Mask
 - iii. Venti mask
 - iv. Non-rebreather
 - v. Partial rebreather
 - vi. Nasal catheter
 - vii. Aerosol Delivery devices to deliver Oxygen
 - a. Aerosol Face tent
 - b. Aerosol Face mask
 - c. T-Tube (Briggs Adapter)
 - d. Aerosol Trach Collar
 - f. Assemble and Troubleshooting Delivery interfaces
 - g. Total Flow
 - h. Analysis of percentage
 - i. Procedure
 - ii. Results
 - iii. Troubleshooting
 - i. Determine proper gas delivery devices to ensure adequate flow and ensure adequate oxygenation.
 - j. Adjust patient positions to minimize hypoxemia
 - k. Recommend additional procedures to minimize hypoxemia
 - l. recommends optimal oxygen delivery device based off patient assessment and outcomes.

D Lung expansion therapy

- a. Determine Need
 - b. Procedures to utilize for lung expansion therapy
 - c. Perform lung expansion therapy
 - d. Trouble shoot devices/circuits
- Recommend procedures and recommend changes based off patient data Assessment and outcome

E. Bronchial Hygiene

- A Normal Airway Clearance
- B. Abnormal Airway Clearance
- C. Therapies utilized for Bronchial Hygiene
- D. Troubleshoot equipment utilized to deliver Bronchial Hygiene

- A. HFCWO
- B. Vib PEP
- C. IPV
- D. MIE
- E. Coughing techniques employed to increase mucus clearance
 - FET
 - Autogenic drainage
 - Abdominal thrust
- F. Recommend changes based on patient response to Bronchial hygiene

Pulse Oximetry

- A. Indications
- B. Application
- C. Results-Normal and abnormal - accurate and inaccurate
- D. Utilize results to determine patients' needs or responses to therapy

REQUIRED TEXTBOOK AND MATERIALS

- Egans Fundamentals of Respiratory Care 13th Edition (ISBN # 978-0-323-93199-1)
- Egans Fundamentals of Respiratory Care Workbook 13th Edition (ISBN 978-0-323-93200-4)
- Mosby's Respiratory Care Equipment 11th Edition (ISBN # 978-0-323-71221-7)
- Trajecsys © access
- Stephoscope
- Watch with a second hand

ATTENDANCE POLICY

It is the student's responsibility to familiarize his or herself with the LIT Student Handbook and the Respiratory Care program student handbook.

Violation of the policies listed in the LIT Student Handbook and/or the Respiratory Care program student handbook will result in appropriate action being taken.

Attendance: Attendance is expected. Students are allowed 2 absences per semester, with or without a Dr.'s excuse. Each absence in excess of the 2 allotted absences will result in a 10% reduction, per absence, in the student's final class grade. Example: 3 absences = 10% reduction in final class grade, 4 absences = 20% reduction in final class grade, etc. Deductions as a result of excessive absences, will be applied to the student's final class grade at the end of the semester.

Your attendance is the biggest predictor of your success. If you do not attend class, you are missing very valuable information. Attendance will be recorded both in the classroom and in the lab. Absences in lab will result in a grade of 0 for that lab day. Tests will include both textbook material and material presented in class.

If absences seriously interfere with performance, the instructor may recommend, to the Department Chair, that the student be dropped from the course.

Absences resulting from extenuating circumstances will be evaluated by the program Director and/or Director of Clinical Education on a case by case basis. Proper documentation will be required to demonstrate the nature of the extenuating circumstance.

Examples of extenuating circumstances, and documentation, include:

- Hospitalization of an immediate family member (Hospital/Physician documentation must be provided)
- Death of an immediate family member (Memorial Pamphlet must be provided)

Tardiness: Punctuality is expected. 3 tardies in a semester will be considered as a 1 day absence.

You must notify the instructor via phone call, prior to missing an exam. Failure to notify instructor of an absence prior to the start of the exam will result a grade of 0 will be assigned for the missed exam. There will be no makeup exams or lab assignments if you fail to notify the instructor prior to a missed exam.

Make-Up Exams: Make up exams will be taken on the first class day that the student returns following an absence. Make-up exams will be administered immediately at the beginning of the class on the day of return.

Homework Assignments: Homework assignments will be due immediately at the start of class. Late work (work turned in after the start of class) will not be accepted. If you are absent on the day a homework assignment is due, it is your responsibility to ensure that your work is emailed to the instructor prior to the start of class on the day of your absence.

Pop Quizzes: Pop Quizzes will be administered at the start of class. Any student who arrives tardy to class, after the Pop Quiz has been distributed, will receive a 0 grade for that pop quiz.

You must call prior to missing an exam. Calling prior to the missed exam does not automatically excuse you from missing an exam. If you fail to call or fail to present requested documentation upon the first class day return the grade of 0 will be assigned. There will be no makeup exams or lab assignments for unexcused absences. Exam must be taken on first class day return or at the discretion of the faculty member

DROP POLICY

If you wish to drop a course, you are responsible for initiating and completing the drop process by the specified drop date as listed on the [Academic Calendar](#). If you stop coming to class and fail to drop the course, you will earn an "F" in the course.

STUDENT EXPECTED TIME REQUIREMENT

For every hour in class (or unit of credit), students should expect to spend at least two to three hours per week studying and completing assignments. For a 3-credit-hour class, students

should prepare to allocate approximately six to nine hours per week outside of class in a 16-week session OR approximately twelve to eighteen hours in an 8-week session. Online/Hybrid students should expect to spend at least as much time in this course as in the traditional, face-to-face class.

COURSE CALENDAR

DATE	TOPIC	READINGS (Due on this Date)	ASSIGNMENTS (Due on this Date)
	ASSIGNMENT/ CLASS SCHEDULE and EXAM DATES are subject to change in order to facilitate student learning and outcomes.		
1	Blood Chemistry and Hematology- Interpretation of Clinical Data LAB: clinical data/adaptors	Chapter 17- Egan Trajecsyst © competency check off procedure	
2	Imaging the Thorax LAB: Viewing CXR	Chapter 21 – Egan Mosbys Chapter 4 Trajecsyst © competency check off procedure	
3	Exam #1 (workbook Chapter 17 and 21 due) / Storage and Delivery of Medical Gas LAB: CXR	Chapter 40 & 41-Egan Mosbys Chapter 4 Trajecsyst © competency check off procedure	
4	Therapeutic Gases: Manufacture/Storage/Delivery, Medical Gas Therapy LAB: Exam CXR	Chapter 40 & 41- Egan Mosbys Chapter 4 Trajecsyst © competency check off procedure	
5	Medical Gas Therapy LAB: Oxygen supply systems, connectors, regulators, gauges, connecting tanks and tank markings	Chapter 42 –Egan Mosbys Chapter 4 Trajecsyst © competency check off procedure	
6	Medical Gas Therapy LAB: Oxygen administration, oxygen analysis, Delivery devices	Chapter 42- Egan Mosbys Chapter 5 Trajecsyst © competency check off procedure	
7	Exam #3 (workbook Chapter 40, 41, and 42 Due) LAB: Oxygen delivery devices (check off on Tanks	Chapter 42-Egan Mosbys Chapter 5 Trajecsyst © competency check off procedure	

8	Humidity and Aerosol LAB: Discovery of devices	Chapter 39 - Egan Mosbys Chapter 5 Trajecsyst © competency check off procedure	
9	Humidity and Aerosol LAB: Humidity and Devices	Chapter 39 - Egan Mosbys Chapter 5 Trajecsyst © competency check off procedure	
10	Humidity and Aerosol/ Exam #4 LAB: Bronchial Hygiene- devices PEP, Flutter, IPV	Chapter 39 - Egan Mosbys Chapter 6 Trajecsyst © competency check off procedure	
11	Lung Expansion LAB: IS	Chapter 43- Egan Mosbys Chapter 6 Trajecsyst © competency check off procedure	
12	Lung expansion /Exam #5 LAB: IPPB	Chapter 43 Egan Mosbys Chapter 4 Trajecsyst © competency check off procedure	
13	Airway Clearance LAB: practice for competency	Chapter 44- Egan Trajecsyst © competency check off procedure	
14	Airway Clearance LAB: Practice for Competency	Chapter 44 – Egan Trajecsyst © competency check off procedure	
15	Airway Clearance LAB: Check off for Competency	Chapter 44- Egan Trajecsyst © competency check off procedure	
16	Airway Clearance Exam #6 LAB: Check off for Competency and Lab Exam	Chapter 44 –Egan Trajecsyst © competency check off procedure	

COURSE EVALUATION

Final grades will be calculated according to the following criteria:

- 6-8 Exams 85%
- Lab/quiz/homework/ assignments 15%

Competency in the following procedures: patient assessment, oxygen transport, oxygen delivery devices (nasal cannula, simple mask, partial rebreather, non-rebreather, air-entrainment masks), gas analysis (FiO₂), aerosol delivery devices (face mask, face tent, t-piece, Trach collar, Incentive Spirometry, Mucus clearance devices.

If Competency is not achieved, it will result in an F within this course.

Artificial Intelligence Statement

Lamar Institute of Technology (LIT) recognizes the recent advances in Artificial Intelligence (AI), such as ChatGPT, have changed the landscape of many career disciplines and will impact many students in and out of the classroom. To prepare students for their selected careers, LIT desires to guide students in the ethical use of these technologies and incorporate AI into classroom instruction and assignments appropriately. Appropriate use of these technologies is at the discretion of the instructor. Students are reminded that all submitted work must be their own original work unless otherwise specified. Students should contact their instructor with any questions as to the acceptable use of AI / ChatGPT in their courses.

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GRADING SCALE

90 – 100	A
80 – 89	B
77 – 79	C
68 – 76	D
0 – 67	F

LIT does not use +/- grading scales

ACADEMIC DISHONESTY

Students found to be committing academic dishonesty (cheating, plagiarism, or collusion) may receive disciplinary action. Students need to familiarize themselves with the institution's Academic Dishonesty Policy available in the Student Catalog & Handbook at <http://catalog.lit.edu/content.php?catoid=3&navoid=80#academic-dishonesty>.

TECHNICAL REQUIREMENTS

The latest technical requirements, including hardware, compatible browsers, operating systems, etc. can be online at <https://lit.edu/online-learning/online-learning-minimum-computer-requirements>. A functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of online technology and resources.

DISABILITIES STATEMENT

The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of

1973, Section 504 and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is located in the Eagles' Nest Room 129 and helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409)-951-5708 or email specialpopulations@lit.edu. You may also visit the online resource at [Special Populations - Lamar Institute of Technology \(lit.edu\)](#).

STUDENT CODE OF CONDUCT STATEMENT

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at www.lit.edu. Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.

STARFISH

LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.

ADDITIONAL COURSE POLICIES/INFORMATION

- Telephones, headphones, and other electronic devices must be turned off while in class. No cell phones or electronic devices are to be out during an exam. This will result in a Zero for that exam and the Respiratory Care Handbook will be utilized for disciplinary action. All personal items will be placed at the front of the classroom and cell phones will be placed on presentation desk.
1. No children allowed in the classroom
 2. No late assignments will be accepted
 3. Abide by LIT policies
 4. Abide by policies within the Respiratory Care Handbook
 5. Abide by instructor specific policies; this will be distributed on the first class day.
 6. Exam dates will be distributed on the first class day.
 7. Electronic communication will be through your LIT e-mail.
 8. Homework and assignments will be handed out in class. They are due at the beginning of class on the date they are due.

