

**202660\_BIOL 2101\_Lab  
Anatomy & Physiology I  
Summer 1 - 2026**



**CREDIT**

1 Semester Credit Hours

**MODE OF INSTRUCTION**

Face-to-Face

**PREREQUISITE/CO-REQUISITE:**

Passed the Reading/Writing Sections of TSI or any other accepted test. Co-requisite BIOL 2301.

**\*PLEASE NOTE:** Summer courses last six weeks and cover the same content as courses held during long semesters. Expect to spend a considerable amount of time each week completing the coursework within a shortened timeframe.

**COURSE DESCRIPTION**

The lab provides a virtual learning experience for exploration of human system components and basic physiology. Systems to be studied include integumentary, skeletal, muscular, nervous, and special senses.

**COURSE OBJECTIVES**

Upon successful completion of this course, students will be able to:

1. Apply appropriate safety and ethical standards.
2. Locate and identify anatomical structures.
3. Appropriately utilize laboratory equipment such as microscopes, dissection tools, general labware, physiology data acquisition systems, and virtual simulations.
4. Work collaboratively to perform experiments.
5. Demonstrate the steps involved in the scientific method.
6. Communicate results of scientific investigations, analyze data, and formulate conclusions.
7. Use critical thinking and scientific problem-solving skills, including, but not limited to, inferring, integrating, synthesizing, and summarizing, to make decisions, recommendations, and predictions.

**Core Objectives**

1. **Critical Thinking Skills:** To include creative thinking, innovation, inquiry, analysis, evaluation, and synthesis of information
2. **Communication Skills:** To include effective development, interpretation, and expression of ideas through written, oral, and visual communication
3. **Empirical & Quantitative Skills:** To include the manipulation and analysis of numerical data or observable facts, resulting in informed conclusions
4. **Teamwork:** To include the ability to connect choices, actions, and consequences to ethical decision-making

## INSTRUCTOR CONTACT INFORMATION

Instructor: Melanie Daleo  
Email: [mdaleo@lit.edu](mailto:mdaleo@lit.edu)  
Office Phone: 409-247-5323  
Office Location: MPC 216  
Office Hours: See Starfish for Available Office Hours

## REQUIRED TEXTBOOK AND MATERIALS

REQUIRED = Textbook - OpenStax Anatomy & Physiology Levels I and II

Anatomy and Physiology from OpenStax, Print ISBN 1938168135, Digital ISBN 1947172042,

[Click Here for OpenStax Anatomy & Physiology textbook](#)

Your textbook for this class is available for free online, and a print copy can be purchased online or obtained through Eagle Learning Essentials. [Click Here for Eagle Learning Essentials](#)

## ATTENDANCE POLICY

1. Lectures, classroom discussion, activities, and labs promote understanding of key concepts. Please try to avoid unnecessary absences. If you are absent, you must make up the work in the allotted time frame. Students must make up exams on the day they return and labs within one week of the absence, at a day and time scheduled with the instructor.

2. Late assignments will be accepted with a deduction as a late penalty, with the exception of interactive quizzes given at the beginning of class. Students will receive a zero for assignments not completed.

## DROP POLICY

If you wish to drop a course, you are responsible for initiating and completing the drop process by the specified drop date as listed on the [Academic Calendar](#) located on the college's [Student Success](#) web page. If you stop coming to class and fail to drop the course, you will earn an "F" in the course.

## STUDENT EXPECTED TIME REQUIREMENT

For every hour in class (or unit of credit), students should expect to spend at least two to three hours per week studying and completing assignments. For a 3-credit-hour class, students should plan to allocate approximately 6 to 9 hours per week outside of class in a 16-week session, or approximately 12 to 18 hours in an 8-week session. Online/Hybrid students should expect to spend at least as much time in this course as in the traditional, face-to-face class.

## COURSE EVALUATION

Final grades will be calculated according to the following criteria:

1. Assignments (Lab Activities) = 25%
2. Quizzes = 20%
3. Group Lab Project = 20%
5. Final Exam = 30%

## GRADING SCALE

- 90-100 = A  
80-89 = B  
70-79 = C  
60-69 = D  
0 – 59 = F

---

**Total = 100%**

Weekly Checklist - BIOL 2101 (LAB)  
Summer I 2026

Week:	To Do:	Due Date:
<u>WEEK 1</u>  INTRODUCTION  JUNE 1st - 4th	<input type="checkbox"/> Syllabus Quiz/Acknowledgement <input type="checkbox"/> Interactive Lab: Anatomical Terms Operation & Surgery <input type="checkbox"/> Mini-Lab: DNA Extraction <input type="checkbox"/> Microscope Lab: Cells & Tissues <input type="checkbox"/> Sign up and join a group for Group Lab- Musculoskeletal Disorders due 06.25.26	<input type="checkbox"/> 06.05.26  <input type="checkbox"/> 06.04.26
<u>WEEK 2</u>  INTEGUMENTARY  JUNE 8th - 11th	<input type="checkbox"/> Stations: Integumentary <input type="checkbox"/> Lab: Sun, Sunscreen, and Skin Cancer <input type="checkbox"/> Quiz 1: Chapter 1 (Introduction), Chapter 2 (Elements), Chapter 3 (Cells), Chapter 4 (Tissues), Chapter 5 (Integumentary) Opens 06.12.26 and Closes 06.13.26 <input type="checkbox"/> Work with group members on Group Lab-Musculoskeletal due 06.25.26	<input type="checkbox"/> 06.11.26
<u>WEEK 3</u>  SKELETAL SYSTEM  JUNE 15th - 18th	<input type="checkbox"/> Lab: Bone Identification <input type="checkbox"/> Lab: Human Body Ratios <input type="checkbox"/> Lab: Types of Joints & Movements <input type="checkbox"/> Lab: Diagnostic Radiology <input type="checkbox"/> Work with group members on Group Lab-Musculoskeletal due 06.25.26	<input type="checkbox"/> 06.18.26
<u>WEEK 4</u>  MUSCULAR  JUNE 22nd - 25th	<input type="checkbox"/> DUE: Group Lab Presentations - Musculoskeletal Disorders <input type="checkbox"/> Lab: Muscle Identification <input type="checkbox"/> Lab: Facial Muscles Model <input type="checkbox"/> Lab: Chicken Wing Dissection <input type="checkbox"/> Midterm Exam: Chapters 5 – 9 (Integumentary & Skeletal System & Joints) Opens 06.26.26 and Closes 06.27.26	<input type="checkbox"/> 06.25.26  <input type="checkbox"/> 06.25.26
<u>WEEK 5</u>  NERVOUS SYSTEM  June 29th - July 2nd	<input type="checkbox"/> Lab: Nervous System <input type="checkbox"/> Stations: Special Senses <input type="checkbox"/> Quiz 2: Chapters 10 - 16 (Muscular System & Nervous System) Opens 06.30.26 and Closes 07.01.26	<input type="checkbox"/> 07.01.26
<u>WEEK 6</u>  JULY 6th - 9th	<input type="checkbox"/> Review <input type="checkbox"/> FINAL EXAM (Chapters 1 – 16) <input type="checkbox"/> You made it! Celebrate 😊	<input type="checkbox"/> 07.08.26

## TECHNICAL REQUIREMENTS

For the latest technical requirements, including hardware, compatible browsers, operating systems, etc., review the Minimum Computer and Equipment Requirements on the [LIT Online Experience](#) page. A functional broadband internet connection, such as DSL, cable, or WiFi, is necessary to maximize the use of online technology and resources.

Quizzes and Exams in this course are administered through Blackboard. Exams will be administered with Respondus **LockDown Browser + Respondus Monitor (webcam)**

Requirements to take exams include:

- A reliable computer, desktop, or laptop (phones, Chromebooks, tablets, and iPads are not allowed).
- Windows: 10, 8, 7
- Mac: OS X 10.10 or higher
- Adobe Flash Player (bundled with the LockDown Browser installation)
- Web camera (internal or external) & microphone
- A reliable internet service provider. A broadband internet connection.
- A room to take the exam where you are alone (other individuals in the room are not allowed)

Watch these overview videos to understand the tools you will be using to take the exam.

Respondus LockDown Browser: <https://www.youtube.com/watch?v=XuX8WoeAyCs#action=share>

Respondus Monitor: <https://www.youtube.com/watch?v=hv2L8Q2NpO4 - action=share>

### Respondus **LockDown Browser + Respondus Monitor (webcam)**

Download Instructions:

- Select the exam in the course
- Under Quiz Requirements, you will see "To take this exam, you must use the Respondus LockDown Browser."
- Below this will appear: "You can use the button below if you have not already downloaded LockDown Browser". Click the button to go to the download page and then follow the instructions
- Use the link to download Respondus LockDown Browser to your computer; follow the installation instructions
- Return to the exam page in Brightspace (it may still be open in another tab) and select the exam
- Select "Launch LockDown Browser"
- The exam will now start

Note: LockDown Browser only needs to be installed once on a computer or device. It will start automatically from that point forward when a quiz requires it.

### **Guidelines while taking an online quiz: follow these guidelines**

- Ensure you're in a location where you won't be interrupted.
- Turn off all other devices (e.g., tablets, phones, and second computers) and place them outside of your reach.
- Before starting the test, know how much time you have and that you've allotted sufficient time to complete it.

- Clear your desk or workspace of all external materials not permitted - books, papers, other devices.
- Remain at your computer for the duration of the test.
- If the computer, Wi-Fi, or location is different than what was used previously with the "Webcam Check" and "System & Network Check" in LockDown Browser, run the checks again prior to the exam.
- To produce a good webcam video, do the following:
  - Avoid wearing baseball caps or hats with brims.
  - Ensure your computer or device is on a firm surface (a desk or table). Do NOT have the computer on your lap, a bed, or other surface where the device (or you) are likely to move.
  - If using a built-in webcam, avoid readjusting the tilt of the screen after the webcam setup is complete.
  - Take the exam in a well-lit room, but avoid backlighting (such as sitting with your back to a window)
- Remember that LockDown Browser will prevent you from accessing other websites or applications; you will be unable to exit the test until all questions are completed and submitted.

**The following violations during testing will result in a grade of zero or a reduction in points:**

- Using technology or electronic devices, including but not limited to iPads, phones, smart glasses, earbuds, and smartwatches.
- Leaving the testing environment or face is missing from frame or being obscured.
- Noises that might indicate external help.
- Any other questionable activities indicate cheating.

**DISABILITIES STATEMENT**

The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of 1973, Section 504, and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is in the Eagles' Nest Room 129. It helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please get in touch with the Special Populations Coordinator at (409)-951-5708 or email [specialpopulations@lit.edu](mailto:specialpopulations@lit.edu). You may also visit the online resource at [Special Populations - Lamar Institute of Technology \(lit.edu\)](https://www.lit.edu/specialpopulations).

**STUDENT CODE OF CONDUCT STATEMENT**

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand, and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at [www.lit.edu](http://www.lit.edu). Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.

**ARTIFICIAL INTELLIGENCE STATEMENT**

Lamar Institute of Technology (LIT) recognizes the recent advances in Artificial Intelligence (AI), such as ChatGPT, have changed the landscape of many career disciplines and will impact many students in and out of the classroom. To prepare students for their selected careers, LIT desires to guide students in the ethical use of these technologies and incorporate AI into classroom instruction and assignments appropriately. Appropriate use of these

technologies is at the discretion of the instructor. Students are reminded that all submitted work must be their own original work unless otherwise specified. Students should contact their instructor with any questions as to the acceptable use of AI/ChatGPT in their courses.

## STARFISH

LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also log in to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.

## ADDITIONAL COURSE POLICIES

1. A Midterm and Final are required, both using Respondus LockDown Browser, with two attempts per assessment. The final score will be an **average of both attempts**.
2. Students will complete in-person lab experiments.
3. Students will complete a group lab project.
4. Late assignments will be accepted, but a late penalty will be applied. Interactive quizzes given at the beginning of class cannot be made up. Students will receive a zero for assignments not completed.
5. Cell phones should be visible and in use only during an activity designated by the instructor. Otherwise, they should be put away, and focus should be given to completing lab activities safely. *Students who continually use their cellphones for purposes other than class will lose etiquette points or be asked to leave for the day.*
6. Students are expected to follow the guidelines for testing in the 'Respondus Academic Integrity Policy'. The following violations during testing might result in a grade of zero or a reduction in points:
  - o Using technology or electronic devices, including but not limited to iPads, phones, smart glasses, earbuds, and smartwatches.
  - o Leaving the testing environment may result in a face being missing from or obscured in the frame.
  - o Noises that might indicate external help.
  - o Any other questionable activities that indicate cheating.

## ACADEMIC DISHONESTY

Students found to be committing academic dishonesty (cheating, plagiarism, or collusion) may receive disciplinary action. Students need to familiarize themselves with the institution's Academic Dishonesty Policy available in the Student Catalog & Handbook at <http://catalog.lit.edu/content.php?catoid=3&navoid=80#academic-dishonesty>.

## STUDENT EXPECTED TIME REQUIREMENTS

For every hour in class (or unit of credit), students should expect to spend at least two to three hours per week studying and completing assignments. For a 3-credit-hour class, students should prepare to allocate approximately six to nine hours per week outside of class in a 16-week session OR approximately twelve to eighteen hours in an 8-week session. Online/Hybrid students should expect to spend at least as much time in this course as in the traditional, face-to-face class.

Initials: